

Candida Screening – FAQs

1. What are the benefits of the Candida test?

- Semi-quantitative analysis of IgG, IgM, IgA and Candida antigens through ELISA procedure.
- Only a few drops of blood required – using a Dried Blood Spot Card
- Analysis completed in the U.S.
- Comprehensive supporting information in client information sheets

2. Aren't Candida yeast infections only a female problem?

This is a common misconception. While the vaginal Candida infection is very common in women, that's not the only form of yeast infection. Other very common forms of Candida infections include athlete's foot, ringworm, oral thrush, jock itch, and other fungal skin irritations. It can possibly be the cause of feeling sick all over in men, women and children.

3. Is the Candida screening suitable for all ages?

Adults and children can take the test. Candida can be found in human bodies shortly after birth and persists throughout the life. Research studies indicate that approximately 90% of all infants at six months of age carry Candida in their bodies while the prevalence is almost 100% in adults. In general, infants after 6 months start to produce their own antibodies. Thus, kids age after 6 months can take test to find out an overgrowth exists.

4. How much blood is needed for the Candida screening?

5ml blood by blood drawing.

5. Could we know more about the specificity and accuracy of our test ?

- Precision is greater than 85%!
- Utilizes the fully automated robotic ELISA system: Stringent biochemical process detect antibodies in the blood, which interprets your immune system's response to Candida.
- Assurance of quality and reliability as all tests are completed under US BioTek Laboratories' facilities.
- Each sample is run twice to ensure consistent results.
- Laboratory approved by CLIA (US Clinical Laboratory Improvement Amendments) accredited by COLA (US Commission on Office Laboratory Accreditation), and licensed by the State of Washington for performing testing worldwide.



6. Can I have this test done if I am taking Chinese or Western medicine?

The major concern is steroidal drugs, e.g. cortisone, because it can suppress the immune system, and thus may reduce the antibodies present, causing a “false negative” result. Thus it is advisable to avoid taking the steroidal drug for at least 3 weeks before taking the test. Tropical steroid is not part of the concerns.

7. What information will the Candida screening report provide?

Candida screening result would be shown as values of different analytes and reference values

- IgM: a present or early infection.
- IgG: a past, active or prolonged infection.
- IgA: an infection of the mucous membrane.
- Candida antigen: the presence of Candida infection, specifically for immunodeficient individuals

8. What Shall I do to control my Candida overgrowth?

Naturally controlling Candida yeast infection takes time and patience. If you have an acute yeast attack, like a vaginal infection or athlete’s foot, you can visit medical doctors or find over-the-counter antifungal creams and drugs. If you have a Candida overgrowth that is affecting you chronically, you shall consider following an anti-Candida diet, modifying your lifestyle, and taking antifungals and probiotics. You may also consider taking some additional herbal supplements to strengthen your immune system.

After you get your test results, you will be provided with some guidelines on your lifestyle, diet and supplementation to control you Candida overgrowth.

Source and lab test service provider: HK Biotek

Enquiry

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